



COVID-19 Exposure Management Plan (Students & Families)



COVID-19: Keeping Los Angeles Safe

Help Maintain the Spread!



Suspected Exposure

1. Encourage student to isolate / quarantine for 14 days.
2. Encourage student to get tested.
3. Provide information for free & anonymous testing sites at <https://covid19.lacounty.gov/testing/>

- *Alert Admin/SEL Counselors with an FYI email.
- *Maintain confidentiality of student and family.
- *Stay calm



Exposure Management Plan

School COVID-19 Compliance Task Force

Enforce all COVID-19 safety protocols and collaborate with Department of Public Health (DPH)

Managing Exposure to 1 COVID-19 Case at School

1. School notified of 1 confirmed case at school

2. Case on Home Isolation

3. Advise case to get tested & DPH will contact

4. Identify close contacts at school

5. School consults with DPH

6. School notifies contacts of school exposure & DPH will contact case

7. School sends general notification to inform school

Managing Exposure to 2 COVID-19 Cases at School

1. Follow steps 1-7 for 1 confirmed case

Managing Exposure to 3+ COVID-19 Cases at School

1. If cluster of ≥ 3 cases within 14 days, school notifies DPH

2. Follow steps 2-7 for 1 confirmed case

3. DPH investigates if outbreak criteria met & works with school

If symptoms of COVID-19 illness occur at school

4. School provides updates to DPH until outbreak resolved

Symptoms of COVID-19

- Fever 100.4 F or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headaches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell

- Student will wait in isolation area with supervision
- Student given a surgical mask, if available, to wear (if tolerated)
- Arrangements made for parent to pick up student

- School advise parent to contact health care provider and get tested for COVID-19
- School provide information to parent on resources to get tested for COVID-19

Help Maintain the Spread!



Positive COVID-19 Results

1. Encourage continued isolation/ quarantine until 24-hours of being symptom (fever)-free.
2. Inform student that someone from school will contact them to check-in.

***Alert Admin/SEL Counselors within 24 hours.**

***If experiencing symptoms: Refer to the Attendance Policy regarding illness, excused absences, being “virtually present” (VP) through ongoing communication with teachers about learning.**

***Stay calm**



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July 23, 2020



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On Arrival: Suspected Exposure

1. Call for Campus Support to escort student to Isolation Area & Inform Admin
2. Call parent/guardian for pick-up
(Maintain Distancing Protocols, 1 per table, etc.)

COVID-19 Compliance Task Force

3. Encourage student/family to isolate / quarantine for 14 days.
4. Encourage student/family to get tested.
5. Provide information for free & anonymous testing sites at

<https://covid19.lacounty.gov/testing/>

***Maintain confidentiality of student and family.**



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Help Maintain the Spread!



In-Class Suspected Exposure

1. Immediately Isolate student Outside of Class
2. Immediately Call Admin, Campus Support, or Front Office for escort to Isolation Area

School COVID-19 Compliance Task Force Takeover

1. Refer to most UPDATED LA DPH Guidance
2. Determine “Class Exposure”

***Maintain confidentiality of student and family.**



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APPENDIX



School COVID-19 Compliance Task Force

Admin & MH Counselors
Exposure Management Plan
adapts with each stage
COVID-19 Liaison to DPH:
Nguyen

Check-In with Student/Family:

1. **Positive or Exposed: (i) &/OR (ii)**
 - a. **Positive result:** Encourage continued 10-day isolation/quarantine since symptoms appeared or until 24-hours of being symptom (fever)-free without medication.
 - b. **Exposure:** Provide info for free testing and encourage 14-day quarantine or until negative results
2. Determine if other supports are needed (Acad &/or SE); **Ask to share information with team (teachers, counselors, front office, etc.)**
3. Inform that DPH will contact them and encourage them to answer Contact Tracing questions to help maintain the spread of COVID-19.
4. **Inform if they pick up school lunch, send someone not exposed/quarantine. "Before you consider coming to the school site, if you have been feeling ill, exposed to COVID-19, or have recently tested positive, please stay home, and send someone that has not been exposed or ill. We appreciate your support and cooperation."**
5. Provide community resource information (slides 11+)
6. Follow Up: 2-5 days later
 - Ramirez/Nguyen: (Case by Case Discretion) communicate to LACDPH &/or community
 - Nguyen: Update COVID-19 Log

To learn more...

Check out the resources and helpful websites...



1. [Free COVID-19 Testing in LA County](#)
2. [LA Public Health](#)
3. <https://corona-virus.la/resources>
4. [Exposure Management LADPH](#)
5. [LACOE Reopening Framework](#)
6. [LADPH Isolation Order](#)
7. [LADPH Quarantine Order](#)
8. [LA County Covid Data & Tiers](#)
9. [Updated - LACDPH FAQs](#)
10. [Guidance Based on Test Results](#)

Resources & Referrals



- California Social Services - [Los Angeles County](#): links corresponding to your county to apply for general relief, CalWORKs, Medi-Cal, and/or CalFresh
- www.findhelp.org for food bank locations or food resources (along with other free or reduced cost services such as medical care, housing, financial, etc.)
- [WhyHunger Hotline](#) (800-548-6479): food bank info
- Everytable Helpline at 323-458-6487 free food for all
- [Cudahy Food Distribution](#) Thursdays, requires Food Giveaway <https://www.lafoodbank.org/events/>
- Essential Worker Child Care Application: <https://ccrc.jotform.com/202266408415956>
- One Fair Wage - [Emergency Financial Aid for Service Workers](#)
- <https://coregives.org/> CORE is supporting food & beverage service employees with children, who have been medically diagnosed with COVID-19
- [Restaurants Care](#) is offering grants for restaurant workers who have tested positive for COVID-19 or who have been quarantined.
- registrations
- [LA County Financial support](#) from federal, state, etc.
- <https://www.helpmehelpu.org/> Food & Benefits assistance
- [Substance Abuse and Mental Health Services Administration](#) (SAMHSA) – National Helpline (800-662-HELP)
 - Link above leads to tip sheet that provides information for taking care of behavioral health during times of social distancing, quarantine, and isolation
 - [Disaster Distress Helpline](#) (800-985-5990)
- Calm - [Free Meditation Resources](#)
- [211 L.A. County Resource Line](#) – 211 LA is the central source for providing information and referrals for all health and human services in LA County.
- Medi-Nurse Line: (877) 409-9052: free, 24/7 advice line to answer questions about COVID-19
- <https://childcare.gov/> : Support with finding and financing child care per state
- [SERVE](#): Secure Emergency Relief for Vulnerable Employees
- COVID TESTING:
 - <https://la.fulgentgenetics.com/appointment/screen/landing>
 - <https://curative.com/>
 - <https://www.cvs.com/minuteclinic/covid-19-testing>

